

**Technical Data:
Recumbent R70 HRT**

- **Measurement:** L x W x H : 170 x 71 x 135 cm
- **Weight:** 72 Kg
- **Driving :** quiet Poly-V-belt driven
- **Programs:** Manuell, HRT-Interval, power control Sprint 8, HRT- Cardio, Body weight Reduction, HRT mountain, 5 user programs
- **Display:** blue backlight LED with 8 permanent Signs, 3 additional LCD windows
- **User weight:** 190 KG
- **Main circuit:** Generator
- **Pedals:** dynamic motion
- **Frame:** heavy Steel
- **Flywheel:** 11 Kg
- **Pulse measurement:** telemetric + hand
- **Brake System:** Cambridge Motor Works Systems
- **Aprovall:** EN 975 SA for therapy